

Mga Pagpipiliang Medi-Cal para sa mga Tao na may mga Kapansanan at Nakatatanda **sa Bayan ng Los Angeles**

Ang nakalakip na ito ay makakatulong sa iyong magdesisyon kung anong uri ng Medi-Cal ang pinakatama para sa iyo.

Kung ikaw ay nakatira sa Bayan ng San Francisco at isang taong may kapansanan o isang nakatatanda, ikaw ay maaaring pumiling mapabilang sa Regular Medi-Cal, Health Net, o L.A. Care Health Plan.

Ang Health Net at L.A. Care Health Plan
ay mga Planong Pangkalusugan ng Medi-Cal.

Kung sasali ka sa isa sa mga planong ito, mayroon ka pa ring Medi-Cal.

Para malaman ang tungkol sa mga Plano sa iyong bayan, tumawag sa

Health Net: 1-800-675-6110
L.A. Care Health Plan: 1-888-839-9909

Para sa karagdagang kaalaman, tumawag sa

Health Care Options: 1-800-576-6890

Regular Medi-Cal: Walang numero ng telefono ang matatawagan.

**Mangyaring tingnan ang loob para sa karagdagang mga
magagamit na numero ng telefono.**



Ang iyong mga Pagpipiliang Medi-Cal sa Bayan ng Los Angeles:

- Gamitin ang tsart na ito upang maikumpara ang iyong mga Pagpipiliang Medi-Cal.
- Kung nais mong sumali sa Health Net, o L.A. Care Health Plan, tumawag sa **Health Care Options** sa **1-800-576-6890** at humingi ng paketeng pang-enrol. Maaari ka ring mag-enrol sa pamamagitan ng telepono.
- Kung nais mong manatili sa Regular Medi-Cal, huwag gagawa nang kahit ano.

	Mga Planong Pangkalusugan ng Medi-Cal		Regular Medi-Cal (Walang numero ng telepono) www.medi-cal.ca.gov	Tingnan ang pahina:
Mga Pangunahing Serbisyo	Health Net 1-800-675-6110 www.healthnet.com	L.A. Care Health Plan 1-888-839-9909 www.lacare.org		
Ang mga Pangunahing Benepisyong Medi-Cal	Pareho	Pareho	Pareho	p. 6
24-Oras na Nagpapayong Nars	Oo	Oo	Hindi	p. 12
Mga Oras ng Pagtawag sa Serbisyon Parokyano	7 araw sa isang linggo 24 oras	Lun-Biy 8 ng umaga- 5 ng hapon	Wala	p. 33
Mga Serbisyon Tagasalin-Bigkas	Oo	Oo	Tawagan ang iyong doktor o klinika	p. 28
Upang Makakuha ng mga Sakop na Gamot	1-800-675-6110	1-888-839-9909	Tanungan ang iyong doktor o parmasyutiko	p. 14
Mga Gastusin sa Iyo				
Gastusin sa mga Pagbisita sa Doktor	\$0	\$0	\$0	p. 8
Mga Gastusin para sa mga Gamot	\$0	\$0	\$0-\$1	p. 8

Ang Kaiser Medi-Cal Health Plan ay maaari lang sa limitadong bilang ng mga tao na may Medi-Cal. Upang maging karapat-dapat, dapat nagkaroon ka na ng pagkakasakop sa Kaiser sa nakaraang 6 na buwan, kasalukuyang mayroon nito, o dapat na mayroon kang miyembro ng pamilya na kasalukuyang naka-enroll sa Kaiser. Upang makakuha ng Kaiser, dapat na mag-enroll ka muna sa L.A. Care.

Ang mga ospital na maaari mong puntahan para sa pagkalingang medikal ay nakalista sa ibaba.

Ikaw ay kadalasang pupunta sa mga ospital na kung nasaan ang iyong doktor.

Para sa mga ospital na kung saan ka maaaring pumunta
para sa pagkalinga sa pangkalusugang kaisipan, tawagan 1-800-854-7771.

Health Net

- Alhambra Hospital Medical Center
- Antelope Valley Hospital
- Bellflower Medical Center
- Beverly Hospital
- Brotman Medical Center
- California Hospital Medical Center
- Children's Hospital of Los Angeles
- Citrus Valley Medical Center-
Inter-Community Campus
- Citrus Valley Medical Center-
Queen of the Valley Campus
- City of Hope National Medical Center
- Community & Mission Hospital
- Doctors Hospital of West Covina
- Downey Regional Medical Center
- East Los Angeles Doctors Hospital
- East Valley Hospital Medical Center
- Encino Tarzana Regional Medical Center
- Foothill Presbyterian Hospital
- Garfield Medical Center
- Glendale Memorial Hospital
- Good Samaritan Hospital
- Greater El Monte Community Hospital
- Harbor-UCLA Medical Center
- Hollywood Presbyterian Medical Center
- Ingleside Hospital
- LAC + USC Medical Center
- Lakewood Regional Medical Center
- Lancaster Community Hospital
- Long Beach Memorial Medical Center
- Los Alamitos Medical Center
- Martin Luther King Jr.-Harbor Hospital
- Memorial Hospital of Gardena
- Methodist Hospital of Southern California
- Miller Children's Hospital
- Mission Community Hospital
- Monterey Park Hospital
- Orthopedic Hospital
- Pacific Alliance Medical Center
- Pacific Hospital of Long Beach
- Pacifica Hospital of the Valley
- Pomona Valley Hospital Medical Center
- Providence Holy Cross Medical Center
- Providence St. Joseph Medical Center
- Providence Tarzana Medical Center
- Rancho Los Amigos Medical Center
- St. Francis Medical Center
- St. Vincent Medical Center
- Suburban Medical Center
- Temple Community Hospital
- Tri-City Regional Medical Center
- Valley Care Olive View-
UCLA Medical Center and Health Center
- Valley Presbyterian Hospital
- Verdugo Hills Hospital
- Washington Medical Center
- White Memorial Medical Center
- Whittier Hospital Medical Center

L.A. Care Health Plan

- Alhambra Hospital Medical Center
- Antelope Valley Hospital
- Barlow Respiratory Hospital
- Bellflower Medical Center
- Beverly Hospital
- Brotman Medical Center
- California Hospital Medical Center
- Casa Colina Rehabilitation Hospital
- Centinela Hospital Medical Center
- Children's Hospital of Los Angeles
- Citrus Valley Medical Center–Inter-Community Campus
- Citrus Valley Medical Center–Queen of the Valley Campus
- City of Angels Medical Center
- Community Hospital of Huntington Park
- Community Hospital of Long Beach
- Doctors Hospital of West Covina
- East Los Angeles Doctors Hospital
- East Valley Hospital Medical Center
- Encino-Tarzana Regional Medical Center
- Foothill Presbyterian Hospital
- Garfield Medical Center
- Glendale Adventist Medical Center
- Glendale Memorial Hospital & Health Center
- Good Samaritan Hospital–Los Angeles
- Greater El Monte Community Hospital
- Harbor–UCLA Medical Center
- Hollywood Community Hospital
- Hollywood Presbyterian Medical Center
- Huntington Memorial Hospital
- LAC–King - Drew Medical Center
- LAC + USC Medical Center
- Lakewood Regional Medical Center
- Lancaster Community Hospital
- Long Beach Memorial Medical Center
- Los Angeles Community Hospital
- Los Angeles Metropolitan Medical Center
- Marina Del Rey Hospital
- Memorial Hospital of Gardena
- Methodist Hospital of Southern California
- Miller Children's Hospital
- Mission Community Hospital
- Mission Community Hospital Panorama
- Mission Hospital of Huntington Park
- Monterey Park Hospital
- Northridge Hospital Medical Center
- Norwalk Community Hospital
- Olympia Medical Center
- Orthopedic Hospital
- Pacific Alliance Medical Center

(Karugtong sa kasunod na pahina)

L.A. Care Health Plan (Karugtong)

- Pacific Hospital of the Valley
- Pacifica Hospital of Long Beach
- Pomona Valley Hospital Medical Center
- Providence Holy Cross Medical Center
- Providence St. Joseph Center
- Rancho Los Amigos National Rehabilitation Center
- San Dimas Hospital
- San Gabriel Valley Medical Center
- San Pedro Peninsula Hospital
- San Vicente Hospital
- Specialty Hospital
- St. Francis Medical Center–Lynwood
- St. Mary Medical Center–Long Beach
- St. Vincent Medical Center
- Suburban Medical Center
- Temple Community Hospital
- USC University Hospital
- Valley Care Olive View–UCLA Medical Center and Health Center
- Valley Presbyterian Hospital
- Verdugo Hills Hospital
- West Hills Hospital & Medical Center
- White Memorial Medical Center
- Whittier Hospital Medical Center

Humanap ng pangunahing tagapag-alagang doktor na may access para sa may kapansanan

Gamitin ang link na ito upang makahanap ng isang tagapagkaloob ng pangunahing pag-aalaga na may magagamit na paradahan, hintayang lugar, silid para sa pagsusuri, lamesa at timbangan, palikuran, o mga gusali.

<http://www.lacare.org/members/medi-cal/findadoctor>

Regular Medi-Cal

- Alhambra Hospital Medical Center
- Alta Hollywood Hospital
- Antelope Valley Hospital
- Aurora Las Encinas Hospital
- Barlow Hospital
- Bellflower Doctors Hospital
- Beverly Hospital
- BHC Alhambra Hospital
- Brotman Medical Center
- California Hospital Medical Center
- Casa Colina Hospital
- Catalina Island Medical Center
- Cedars-Sinai Medical Center
- Centinela Hospital Medical Center
- Children's Hospital of Los Angeles
- Chino Valley Medical Center
- Citrus Valley Medical Center
- City of Hope Medical Center
- Coast Plaza Doctors Hospital
- College Hospital
- Community Hospital of Long Beach
- Del Amo Hospital
- Doctors Hospital of West Covina
- Downey Regional Medical Center
- East Los Angeles Doctors Hospital
- East Valley Hospital Medical Center
- Encino Hospital Medical Center
- Foothill Presbyterian
- Gardens Regional Hospital
- Garfield Medical Center
- Gateways Hospital
- Glendale Adventist Medical
- Glendale Memorial Hospital
- Good Samaritan Hospital
- Greater del Monte Community Hospital
- Harbor-UCLA Medical Center
- Henry Mayo Newhall Memorial Hospital
- Hollywood Community Hospital
- Huntington Memorial Hospital
- Kindred Hospital-La Mirada
- Kindred Hospital Los Angeles
- LAC + USC Medical Center
- Lakewood Regional Medical Center
- Lancaster Community Hospital
- Long Beach Memorial Medical Center
- Los Angeles Community Hospital
- Los Angeles Doctors Hospital
- Memorial Hospital of Gardena
- Methodist Hospital of Southern California
- Midway Hospital Medical Center

(Karugtong sa kasunod na pahina)

Regular Medi-Cal (Karugtong)

- Mission Community Hospital
- Monterey Park Hospital
- Motion Picture and TV Hospital
- Northridge Hospital Medical Center
- Pacific Alliance Medical Center
- Pacifica Hospital of the Valley
- Pona Valley Community Hospital
- Presbyterian Intercommunity Hospital
- Promise Hospital of East Los Angeles
- Providence Holy Cross Medical Center
- Providence St. Joseph Medical Center
- Rancho Los Amigos National Rehabilitation Center
- Ronald Reagan UCLA Medical
- St. John's Hospital
- San Dimas Community Hospital
- San Gabriel Valley Medical Center
- Santa Monica UCLA Medical Center
- Sherman Oaks Hospital
- Silver Lake Medical Center
- St. Francis Medical Center
- St. Mary Medical Center
- St. Vincent Medical Center
- Tarzana Regional Medical Center
- Temple Hospital
- Torrance Memorial Medical Center
- USC University Hospital
- Valley Care Olive View–UCLA Medical Center and Health Center
- Valley Presbyterian Hospital
- Verdugo Hills Hospital
- Vista Hospital
- Vista Hospital of South Bay
- West Hills Regional Medical Center
- White Memorial Medical Center
- Whittier Hospital Medical Center

Mga Magagamit na Numero ng Telepono

Denti-Cal

Para sa impormasyon tungkol sa pangangalaga sa ngipin na sakop ng Medi-Cal para sa mga taong may edad na 21 pababa

1-800-322-6384

Los Angeles County Community and Senior Services

Para sa impormasyon at mga pagsangguni sa maraming serbisyo para sa taong may kapansanan at nakakatanda

1-213-738-2600

Los Angeles County Department of Mental Health

Para sa impormasyon tungkol sa mga Serbisyon Pangkalusugang Kaisipan

1-800-854-7771

Mga Serbisyon Paggagamot sa Pag-abuso sa Gamot

Para sa tulong sa mga problema sa alak at gamot

1-800-564-6600